



WILDERNESS LAKE PRESERVE  
JULY 2024

WILDERNESS LAKE  
P R E S E R V E

# NATURE'S NEWS

**The Beautiful  
Sandhill Crane**

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**What to Bring to  
the Splash Pad**

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**Recipe of the  
Month**

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**Nail Salon**

PHOTO BY: MELANIE CRUFF



PRINTED COPIES  
AVAILABLE AT THE LODGE



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## WHAT TO BRING TO THE SPLASH PAD

Hello neighbors from the Johnson family! Our family has enjoyed living here for eight years and the highlight of our summers at the Lodge is the Splash Pad. We truly love the ability to walk in and enjoy an amenity designed around the younger residents. A few items that you may want to bring along:

- Waterproof sunscreen
- One towel per child
- Water Shoes (to keep slipping down to a minimum)
- Bandages - just in case, although there is a first aid kit available right at the pool
- Water - must have water and possible snacks if staying for an extended time
- Baby cornstarch powder (for soothing afterwards and making skin stay dry)
- Hand & face wipes (for wiping away that leftover popsicle)
- Detangling spray (to help soften hair after playing in the splash pad)
- Hair brush
- Dry clothes
- Swim diapers, if applicable



# JULY BINGO

Spent the day at the pool	Saw a movie	Took a photo of local wildlife and sent it to <a href="mailto:events@wplodge.com">events@wplodge.com</a>	Went on vacation
Went to the beach	Went fishing	Went on a bike ride	Went to a BBQ
Went to a Lodge event	Went to the Library	Watched Fireworks	Ate Smore's
Went camping	Made a summer playlist	Had a Milkshake	Went to Universal





# The Best Avocado Deviled Eggs

## Tips from the Test Kitchen

Expert advice and tips straight from EatingWell's Test Kitchen

1. If you want a smoother filling, push the egg yolk mixture through a fine-mesh sieve to remove any clumps.
2. Add 2 teaspoons finely chopped chipotle in adobo for a spicy kick.
3. To make peeling freshly hard-boiled eggs easier, crack each one on the side of the pot then submerge them in ice water to cool. This step helps release the cooked eggs from their shells.

## Ingredients

- 6 large hard-boiled eggs, peeled and halved lengthwise
- 1 small avocado, halved and peeled
- 3 tablespoons thinly sliced fresh chives, divided
- 2 tablespoons light mayonnaise
- 1 tablespoon lime juice
- 1 teaspoon Dijon mustard
- 1/4 teaspoon paprika
- 1/4 teaspoon salt
- 2 tablespoons cooked 1/4-inch strips center-cut bacon (from 1 slice; optional)
- 1 1/2 tablespoons sliced pickled red onions
- Crushed red pepper for garnish (optional)

## Directions

1. Carefully remove egg yolks from egg whites using a spoon; place the yolks in a medium bowl. Place egg white halves on a large plate.
2. Add avocado, 2 tablespoons chives, mayonnaise, lime juice, mustard, paprika and salt to the bowl with the egg yolks. Mix and mash thoroughly with a fork until smooth.
3. Spoon the egg yolk mixture evenly into each egg white half (about 1 tablespoon each). (Alternatively, place the egg yolk mixture in a pastry bag, or a zip-top bag with a 1/4-inch corner cut off, and pipe the filling into the egg white halves.)
4. Garnish each egg half with bacon (if using), pickled red onions and the remaining 1 tablespoon chives. Sprinkle with crushed red pepper, if desired.



# SANDHILL CRANES (FACTS, INFO, PICTURES)

Perhaps you have heard them flying overhead, bugling loudly as they migrate in the classic V-shape. Or maybe you have seen hundreds, or even thousands of them gathering in a marsh. Anywhere you spot them, these large cranes grab your attention. The Sandhill Crane, named for its preference of habitat, migrates in flocks of such numbers that many states have festivals to mark their arrival. In this article we will learn more about these elegant birds, and answer many of the most frequently asked questions about sandhill cranes.

- **Height:** 2.7 ft. – 4.6 ft.
- **Weight:** Males average 10 lbs., females average 8.9 lbs.
- **Wingspan:** 5.5 ft. – 7.7 ft.

**Photos and partial article by  
Melanie Cruff**



## OVERVIEW

Adults are gray overall with some tan feathers on their stocky body. They have a long neck, black beak, black legs, and bright red forehead. Males and females have identical plumage and have no visible differences. Immature cranes lack the bright red crown and have a more “rusty” color, and can have more streaked rusty colored feathers on their body.

## NESTING AND BREEDING

Sandhill cranes choose their mating partner, which they will stay with for life, based on elaborate dancing displays. The pair can jump, bow, bob their head, flap their wings, and even pickup and toss vegetation. They do continue this dancing behavior even past the breeding season.

These cranes breed in wetlands and other habitats where there is standing water. They build a nest mound out of vegetation on the ground or in the shallow water. One to three eggs are laid but often only one chick reaches fledgling age. Chicks will remain under the care of their parents for 9-10 months.



# FUN EVENTS



THURSDAY, JULY 4TH  
NOON - 2:00 PM

## INDEPENDENCE DAY BBQ & POOL PARTY

FLAG CEREMONY, DJ, GAMES, PRIZES  
\$3 HAMBURGER PLATE ~ \$2 HOT DOG PLATE  
PLEASE RSVP @ (813) 995-2437

## FAMILY POTLUCK

SATURDAY, JULY 6TH AT 6:00PM



Bring your favorite dish to share.  
The Lodge will provide light refreshments.

RSVP @ (813) 995-2437

## WOOD TAG CLASS

FEATURING CHRISTMAS  
IN JULY!

**A**



**B**



**FRIDAY  
JULY 12  
2024**

6:00-9:00 PM

\$20 FOR 4 TAG  
ORNAMENTS  
CHOOSE SET  
A OR B

RSVP @ (813) 995-2437



# WHAT'S HAPPENING

## Art Class



This month's project.

**Saturday, July 13th, 2PM-5PM**

RSVP @ (813) 995-2437



## TACO TUESDAY



**\$1.50 each**

**Tuesday, July 16th, 1PM**

Your choice of beef or chicken,  
hard or soft shell

RSVP @ (813) 995-2437



## WALL ART CLASS

**JULY 18, 2024 | 6PM**

Light Refreshments Will Be Served

RSVP @ (813) 995-2437



# WHAT'S HAPPENING

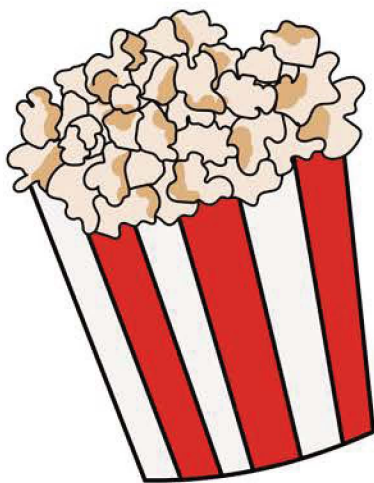


This month's project.



Friday, July 19th, 6PM

RSVP @ (813) 995-2437



RSVP @ (813) 995-2437

Wilderness Lake Preserve Lodge PRESENTS

## Family MOVIE NIGHT

FEATURED MOVIE

### ARTHUR THE KING

SUNDAY, JULY **21<sup>ST</sup>** | NATURE CENTER THEATRE | COST- FREE! LIGHT REFRESHMENTS

MOVIE STARTS: 7PM

RSVP @ (813)995-2437



# WHAT'S HAPPENING

**Christmas In July!!**  
*Craft Fair*

**July 27th 10am - 4pm**

Shop 'til you drop for you, your friends and family!  
Showcasing household items, skin care, jewelry,  
home decor and so much more!

Booths will be located in the  
Activities Center,  
Nature Center and  
the Main Lodge.

Please contact the Lodge for  
booth rental details:  
**813-995-2437 OR**  
**events@wlpodge.com**

Booths available \$10. Bring your own table.

**Sign up now to rent a booth at our  
Christmas in July Craft Fair!**



# WHAT'S HAPPENING

## PHOTOGRAPHY *Club*

Capture the Magic: Join the WLP Photography Club!

### What to Expect....

- ★ Expert Guidance.
- ★ Craft Stories with Every Click.
- ★ Supportive Photography Community.
- ★ Structured Meetups with Hands on Learning.

### Agenda:

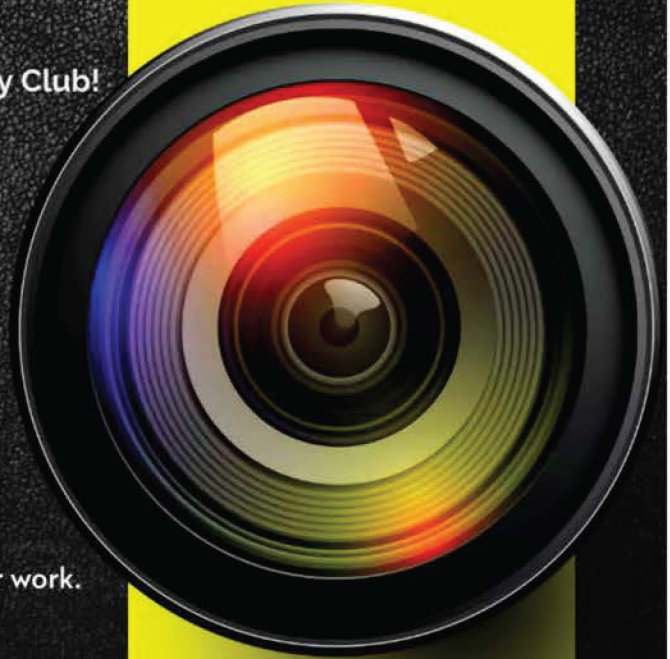
- ➔ Introductions, sharing, and learning goals.
- ➔ Bring your camera gear and show case your work.
- ➔ Explore new photography facets each week.

### Future Prospects:

- ★ Surprise Guest Photographers.
- ★ Offsite Field Trips.

Reserve your spot today! ➔

Meetings:  
1st Wednesday of each month  
6:00 PM  
Location: Theatre



Email: [jaden@nonegatives.pro](mailto:jaden@nonegatives.pro)  
Call/Text: (813) 485-5015

## GROW YOUR BUSINESS



Nature's News is working toward a new print-edition funded by advertisers. We are currently accepting registration of interest at the lodge. Please call or stop in if you are interested in promoting your business to the residents of our community. Specialty pricing does apply to residents of the district. Space is limited.

813-995-2437 - ASK FOR TISH





# POOL SEASON

POOL RULES ARE DETERMINED BY FLORIDA STATUTES AND MUST BE OBSERVED, ENFORCED AND POSTED AT ALL TIMES



## Reminders for Spring & Summer Fun

Pool season is upon us, and the pools are a great place to unwind and enjoy a relaxing BBQ with your family and friends. Upon arriving at the pool, you will notice a pool attendant stationed at the front gate. The pool attendant will ask to see your Lodge Access Card ID; at that point you will sign in yourself, family and guests. After signing in, the pool attendant will issue you a wrist band. The wrist band must be worn at all times. This process ensures compliance with the Board mandated Aquatics rules. (Pool attendant on staff March - September).

POOLS & JACUZZI CLOSE AT DUSK EACH NIGHT.

NO FOOD OR BEVERAGES WITHIN 10 FEET OF POOLS.

SHOWER BEFORE ENTERING THE POOLS OR JACUZZI.

SMOKING IS PROHIBITED.

GLASS CONTAINERS ARE PROHIBITED.

ANYONE UNDER THE AGE OF 12 MUST BE ACCOMPANIED BY AN ADULT.

NO RECREATIONAL FLOATATION DEVICES IN THE POOLS.

RESIDENTS AGES 12 - 17 ARE ALLOWED ONE GUEST WITH PARENTAL PERMISSION.

GUESTS MUST BE AT LEAST **12** YEARS OF AGE.

RESIDENTS AGES 12 - 17 MUST CHECK IN WITH THE LODGE STAFF AND OBTAIN A WRISTBAND UPON ARRIVAL AT THE LODGE.



**KID'S ACCESS WRISTBANDS ARE NOW AVAILABLE FOR KIDS AGES 12-15 YEARS OF AGE. THE WRISTBANDS WILL ALLOW DIRECT ACCESS TO THE POOLS AND TENNIS COURTS.**

SAFETY EQUIPMENT IS IN PLACE TO MEET FL. STATUTES AND SHOULD NOT BE USED FOR RECREATIONAL PURPOSES.

EACH WLP FAMILY IS ALLOWED TO BRING UP TO 5 NON-RESIDENT GUESTS.

SWIMMING FROM THE COMMUNITY OWNED DOCKS IS PROHIBITED.



AT THE  
pool



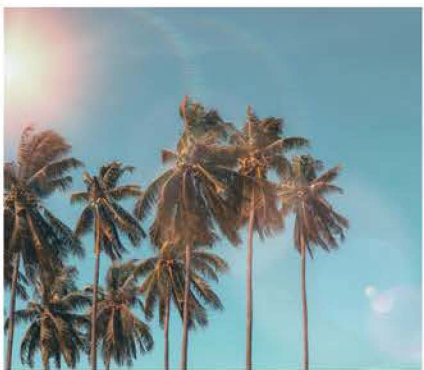
# SPA SERVICES



## BASIC MANICURE

Nails will be shaped, cleansed and pampered. You will receive a hand and arm massage and finished with your choice of polish.

**\$15**



## ISLAND GETAWAY

Enjoy tropical fragrances as you are pampered! After nails are shaped and cleansed, you will receive an invigorating anti-aging hand exfoliation that is completed with a hot towel wrap. A soothing arm and hand massage will relax you and will be finished with polish of your choice.

**\$20**



## BASIC PEDICURE

Shaping of nails and exfoliation begin this pedicure followed with thorough cleansing of feet, a relaxing massage and polish. Aromatherapy will heighten the senses leaving you feeling refreshed and beautiful!

**\$28**



## MILK AND HONEY PEDICURE

After your feet are soaked and cleansed, you will lose yourself in the experience of a mud mask for the feet and long massage for total relaxation.

**\$35**



# SPA SERVICES AT WILDERNESS LAKE

## SPA SERVICES

### NO POLISH PEDICURE

Using a blend of Peppermint and Pine Oils, feet will be soaked, toenails filed and feet exfoliated. A long massage will complete the experience.

**\$28**

### MINI MANI PEDI COMBO

This package is an abbreviated combination of the traditional manicure and pedicure. Fingernails will be shaped, buffed and polished. Feet will be soaked, toenails shaped and buffed and a light massage will be given. Polish will be applied.

**\$30**

### PRINCESS PAMPERING

This is a combination mani-pedi specifically designed for the young ladies! Nails will be shaped and cleansed and polish will be applied to hands and feet. (Ages 14 and under)

**\$22**

### CND SHELLAC MANICURE

14-day wear polish with ZERO dry time which is finished with a hand and arm massage.

**\$28**



### ADD ON SERVICES

Buff and Polish Change \$8  
Add a French manicure \$3  
Nail Repair \$2  
Rhinestones and decals (per nail) \$2



# July

# 2024

SUN	MON	TUE	WED	THU	FRI	SAT
	1 Storytime 10AM	2	3 CDD Meeting 9:30AM	4 BBQ & Flag Ceremony Noon Lodge Hours Noon-6PM	5	6 Family Potluck 6PM
7	8 Storytime 10AM ARC Meeting 6:30PM	9	10	11	12 Wood Crafting 6PM	13 Art Class 2PM
14	15 Storytime 10AM	16	17	18 Wall Art 6PM	19 Sip & Paint 6PM	20 Family Bingo 6:30PM
21 Family Movie Night 7PM	22 Storytime 10AM ARC Meeting 6:30PM	23 HOA Meeting 6:30PM	24	25	26	27 Craft Fair 10AM
28	29 Storytime 10AM	30	31			





# IMPORTANT ANNOUNCEMENTS

FROM THE DISTRICT

**01** Lodge and Cormorant Cove Dock repairs

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**02** Open Seats #3

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**03** Read Full Meeting Highlights

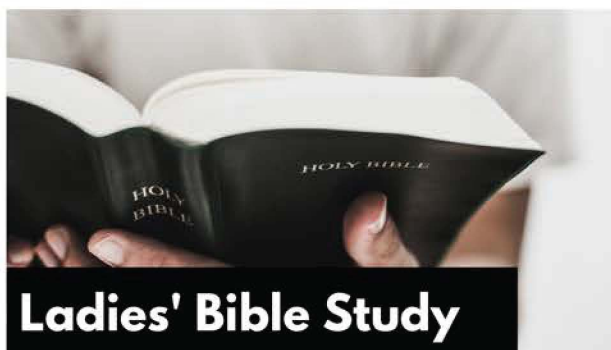
READ MORE





CHECK OUT THESE RESIDENT & VENDOR  
CLASSES AND CLUBS AT WILDERNESS

# CLASSES & CLUBS



## Ladies' Bible Study

**Wednesdays 10AM**

**Contact Shuyan at: 970-978-7568**

**Contact Janice at: 727-776-5723**



## Yoga

**Tuesdays & Thursdays 8:40AM & 9:55AM**

**Contact LuAnn at: 813-846-0874**

**Email: [imgagain@yahoo.com](mailto:imgagain@yahoo.com) (COST: \$5)**



## Water Aerobics

**Monday - Friday 9AM - 10AM**



## Walking

**Walking, Strength & Toning Monday,  
Wednesday, Friday 9:30AM - 10:45AM**



## Pickleball Rocks

**Tuesday & Thursday 6:30PM**

**Contact Susan at: 602-315-0757**



## Chat'hers Club

**Ladies' Social Club - This year the  
Chat'hers are sponsoring Hospice.  
Contact Telicia at: 786-301-4506**



CHECK OUT THESE RESIDENT & VENDOR  
CLASSES AND CLUBS AT WILDERNESS

# CLASSES & CLUBS



## Rummikub

Thursday 1PM  
at the Activities Center



## Mahjong

Monday 1PM  
at the Activities Center



## Photography Club

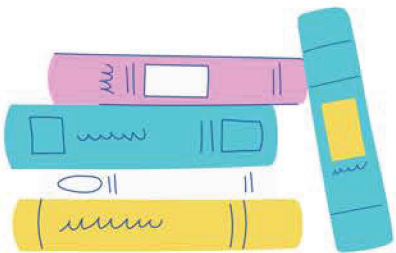
Every 1st Wednesday of the month in  
the Theater 6:00PM

Interested in starting a club?  
Contact the Lodge today at (813) 995-2437  
or email us at [events@wlplodge.com](mailto:events@wlplodge.com).



# WELCOME TO

# Storytime



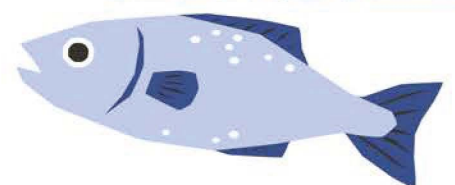
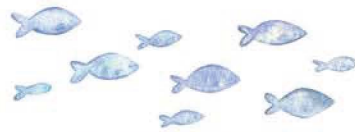
**JOIN  
US!**



Meet us in the Nature Center every Monday at 10:00 AM for a morning filled with reading, singing, making crafts, and a delicious snack.



# Fishing Derby





# Sip and Paint Class





# FISH TALES...





# Save the Date...

## Land O' Lakes Photography Club

Invites You to Attend Our Club Meeting  
With a Special Educational Presentation on  
**"The Basics of Flash Photography"**



**August 6, 2024**  
**Wilderness Lake Theater**  
**6:30pm – 8:30pm**  
**Space is Limited!**



### Agenda:

- What We Do As A Club
- Review of Our Field Trip & Competition Photos
- Educational Presentation – "The Basics of Flash Photography" Presented by Professional Photographer Kim Bush

To Learn More About Land O' Lakes Photography Club,  
Please Visit Our Website:

[www.landolakesphotographyclub.com](http://www.landolakesphotographyclub.com)

SATURDAY CLASS DATES:  
8 JUNE  
29 JUNE  
13 JULY  
3 AUGUST  
17 AUGUST  
31 AUGUST

## Core Health, Strength & Belly Training



CORE HEALTH



TONED BELLY



BETTER BREATHING



\*REDUCE BODY FAT  
\*STRENGTHEN & SHAPE  
YOUR BOOTY!



IG @IDEALCOREHEALTH  
(BUSINESS)  
@1991CARNIVALQUEEN



719-231-9388

# TEARS and CHEERS



## Breakfast



MONDAY, AUGUST 12TH | ACTIVITIES CENTER | 9:30 AM

Some of us are crying, teary-eyed and sad. Others know summer is over and are really quite glad! However you're feeling, come join us for awhile. We'll be here to greet you with donuts, coffee and a smile!







GET IN TOUCH WITH US

# CONTACTS

## **WILDERNESS LODGE**

21320 WILDERNESS LAKE BLVD.

LAND O' LAKES, FL 34637

**813-995-2437**

## **BOARD OF SUPERVISORS**

**HOLLY RUHLIG, CHAIR**

**HEATHER HEPNER, VICE CHAIR**

**BETH EDWARDS, SECRETARY**

**OPEN SEAT, SECRETARY**

**AGNIESZKA FISHER, SECRETARY**

[SUPERVISORWLP4@GMAIL.COM](mailto:SUPERVISORWLP4@GMAIL.COM)

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[SUPERVISORWLP3@GMAIL.COM](mailto:SUPERVISORWLP3@GMAIL.COM)

[SUPERVISORWLP1@GMAIL.COM](mailto:SUPERVISORWLP1@GMAIL.COM)

## **DISTRICT STAFF**

**TISH DOBSON**

LODGE & DISTRICT MANAGER

**TERRI OAKLEY**

ASSISTANT MANAGER

LIFESTYLE COORDINATOR

[MANAGER@WLPLODGE.COM](mailto:MANAGER@WLPLODGE.COM)

[TOAKLEY@WLPLODGE.COM](mailto:TOAKLEY@WLPLODGE.COM)

[EVENTS@WLPLODGE.COM](mailto:EVENTS@WLPLODGE.COM)

## **LODGE HOURS OF OPERATION:**

SUNDAY: NOON - 9:00 PM

MONDAY - FRIDAY: 9:00 AM - 9:00 PM

SATURDAY: 10:00 AM - 10:00 PM

## **GARBAGE PICKUP - WASTE CONNECTIONS**

**727-847-9100**

## **RECYCLING:**

WEDNESDAYS

## **FITNESS CENTER HOURS OF OPERATION**

OPEN 365 DAYS WITH ACCESS CARD

5:00 AM - 11:00 PM

## **EVENT BOOKING & SPACE RENTALS**

CALL THE LODGE

## **NAIL TECHNICIAN:**

SERVICES AVAILABLE MONDAY - FRIDAY BY APPOINTMENT ONLY



WILDERNESS LAKE  
P R E S E R V E



# MEETING HIGHLIGHTS

The regular meeting of the Board of Supervisors of Preserve at Wilderness Lake Community Development District was held at 9:30 AM on Wednesday, June 5, 2024. The official minutes will be posted on the District's website once they are approved by the CDD Board of Supervisors during the next scheduled meeting.

## District Engineer

- Updated the Board on the water main line break cleanup process.
- Reviewed the Lodge and Cormorant Cove Dock repair proposals.
- The Board approved the Construction Management Services, LLC proposal to repair both the Lodge and Cormorant Cove docks in the amount of \$25,870.00.

## District Counsel

Issued a Cease-and- Desist letter to the owner of the Chinese restaurant for establishing a garden in Pond #1. The owner is also responsible for removing the garden and structures.

## Aquatics Report

Updated the Board on the overabundance of grasses in Bay Lake and Red Bug Lake.

## Community and District Manager

- Update on the waterline repair at the front entrance of the community.
- Staffing.
- Events.

*Reminder* →

**NEXT CDD MEETING**  
**Wednesday, July 3rd**  
**9:30 AM**